

LEARNING TO READ FACES



with
Linda Thackray

Learning to read faces is not only the doorway to a greater understanding of yourself, but it will also allow you to improve your relationships and develop a deeper compassion for others. Every feature of the face has a meaning, and in this course you will learn how to identify:

- Thinking Styles (analytical, intuitive, multi-tasker, single tasker or a combination)
- Listening Styles (optimistic, pessimistic, or neutral)
- Focus of attention (about me, about you, in the present, past or imagination)
- Priority of Expression (what others see in you at a glance)
- Natural gifts (Your Natural and Inherent Strengths)
- Challenges or Conflicts (Where in life you may not be serving yourself)

As you learn to recognise the different styles and how they present, you will gain deeper insights into how life exists for yourself and others. You'll begin to see how habitual emotions become form, and how to recognise habitual expressions.

Learning to read faces can also give you:

- A greater sense of awareness that leads to feeling safe and more secure around other people.
- The ability to connect with yourself in a deeper more profound way.
- As a therapists, trainer or coach, you can use Face Reading to guide questions to more directly address underlying issues with your clients or patients.

This course is a great introduction to Psychosomatic Awareness and the Certificate in Psychosomatic Therapy, which takes all of the above principals to greater depth. Learning to Read Faces is a live and hands on experience conducted over a 2-day weekend. It is currently available at both Five Dock in Sydney's Inner West and Orange, NSW.



Day 1:

The Meaning of the Individual Features

- Face Shapes and Face Zones
- Hair, Forehead and Eyebrows
- Eyes - Shape, Size and Colour
- Nose and Mouth
- Chin, Jaw and Cheekbones
- Ears and Lines

Day 2:

Introduction to Personality Profiling

- Connecting the Features
- Gifts and Challenges
- Your Face Analysis

Investment: \$495

(or bring a friend for \$395 each)

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